



By Adults with Intellectual Disabilities

Trinity Services, Inc. art center is a place where adults with intellectual disabilities create art and experience creativity, joy, beauty and accomplishment. Art is part of Trinity's Adult Learning Program and is supported by the volunteers of the Abundant Living For All Foundation (Alfa), a local non-profit organization of families and friends that works with Trinity to improve the lives of people with intellectual disabilities. In 2008 Trinity, headquartered in New Lenox, Ill. began services in Southwest Illinois at the request and with support from Alfa volunteers.



Above, Eddie and Christine Schulte display a completed barn quilt of the Lemoyne Star pattern. Left, Trinity Art Center artists complete a barn quilt with a patriotic theme. Typically placed on barns, these traditional quilt patterns of painted wood are expanding in popularity as decorative works of art for porches, garages and home interiors. Trinity barn quilt designs are traditional quilt patterns and come in a variety of sizes and materials for display inside and out. Barn quilts are just one type of art work done by adults with intellectual disabilities at Trinity Gardens and Farmstead, 11858 Zimmermann Rd., Mascoutah. Other works include mixed media, acrylics and pottery. Horticulture, music, culinary arts, recreation and learning programs round out farmstead activities.

ART

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Intellectual Disabilities




alfa
Southwest Illinois
Abundant Living for All Foundation

 **TRINITY**
Services, Inc.

Trinity barn quilts and other art work is sold at the annual Trinity Gardens and Farmstead Red Berries and Bluegrass Festival in May. George Portz and his friends of Bluegrass provide entertainment, above left. Barn quilts are also available by special order. Call 618-401-0477.

Since 2007, Alfa volunteers and fundraising have supported the programs and work of Trinity Services, Inc. in helping people with disabilities in Southwest Illinois live full and abundant lives.

The Trinity Mission . . .

"...To help someone succeed." The [board of directors](#), leadership, and staff of Trinity Services are dedicated to doing just that.

Through the support of the community we are able to assist individuals with disabilities to achieve success in their personal goals. Whether it is learning to dress or cook independently, pursue a hobby, or maintain a cherished job, each person's goals are vitally important to us.

An Everything Counts philosophy is at the core of all Trinity programs. Every action, thought and experience is meaningful at some level. Every staff interaction with a person who has a disability or mental health needs creates a ripple effect. Strong relationships are encouraged and supported between staff members and individuals receiving services, and between supervisors and their staff.

Trinity develops programs for employees that recognize the value of relationships. Employee performance evaluations, Kindness Day, Lillie Leapit awards, and Bucket Notes are just a few of the programs that benefit Trinity employees by recognizing good work and extra effort. These pro-

grams reinforce the value of maintaining positive relationships across the agency.

For over 60 years, Trinity Services has been helping people with disabilities live full and abundant lives. We are guided by a philosophy of servant leadership—a commitment to placing the needs of others before your own. In this way, Trinity strives to be a role model, leading by example in the area of social responsibility.

Trinity Services is a 501(c)3 organization.

What is Alfa?

The Abundant Living For All Foundations is an all-volunteer group of families and friends of people with intellectual disabilities. Alfa is dedicated to supporting art, horticulture, culinary, and social programs for people with disabilities so that they can have meaningful opportunities to achieve full and abundant lives. ALFA has created a partnership with Trinity Services of Southwest Illinois to assist Trinity with day and residential programming. Alfa is a 501(c)(3) organization.



Trinity Art participant David (left)) tapes a 4' by 4' barn quilt in progress at Trinity Gardens and Farmstead, 11858 Zimmermann Rd., Mascoutah. This barn quilt was made of primed half-inch MDO (medium density overlay) sign board and painted with exterior latex. Participants chose a pattern, measured it and drew it on the board. The final step was a coating of Spar urethane. Other barn quilts are made of geometric wooden blocks, individually painted and arranged in traditional quilt patterns. Above center, Norman, a volunteer, and Eddie work at the pottery wheel. Right, Stephen Bash and Kareem make music with chimes.